



# WORLD OSHUKAI FEDERATION

## WOF Karate Dan Grading Test



Family Name : ..... Address : .....  
 First Name : ..... Age : .....  
 Current Grade: ..... Since: ..... City : .....  
 Club: ..... Post Code : ..... Country : .....  
 Instructor : ..... Date of Birth : .....  
 Latest Sensei CHINEN seminar's date : .....

<u>Authorisation of Instructor</u>
Date : .....
Signature :

1 year after the 1<sup>st</sup> Kyu - Age minimum 16 yo

### KARATE Grading for 1<sup>st</sup> DAN WOF

PROGRAMME	Note /5	Note /5	Note /5	Note /5	TOTAL	OBSERVATIONS
<b>1 kata chosen by the panel</b> From Pinan 1-2-3-4-5	TECHNIQUE	POSTURE	SPEED	KIME	<b>/20</b>	
<b>Itosu Passai</b>	TECHNIQUE	POSTURE	SPEED	KIME	<b>/20</b>	
<b>Naihanchi Shodan</b>	TECHNIQUE	POSTURE	SPEED	KIME	<b>/20</b>	
<b>Itosu Passai Kata Kumiwaza</b>	POSTURE TECHNIQUE	ATTITUDE COMBAT	TIMING	KIME	<b>/20</b>	
<b>Bunkai Pinan Godan</b>	POSTURE TECHNIQUE	ATTITUDE COMBAT	TIMING	KIME	<b>/20</b>	
<b>Dojo Kumite 2 x 2 minutes</b>	RESPECT OF TECHNIQUES & SABAKI	ATTITUDE COMBAT	TIMING	KIME	<b>/20</b>	

Signature of the examiner

Place : .....

TOTAL

**/120**

SCALE: 1 – Very poor    4 - Good  
 2 – Poor                    5 - Very Good  
 3 - Adequate

.....

Date : .....

RESULT

**/20**

The minimum score for  
The grade is 12/20



# WORLD OSHUKAI FEDERATION

## WOF Karate Dan Grading Test



Family Name : ..... Address : .....  
 First Name : ..... Age : .....  
 Current Grade: ..... Since: ..... City : .....  
 Club: ..... Post Code : ..... Country : .....  
 Instructor : ..... Date of Birth : .....  
 Latest Sensei CHINEN seminar's date : .....

<u>Authorisation of Instructor</u>
Date : .....
Signature :

3 years after the 1<sup>st</sup> DAN - Age minimum 20 yo

### KARATE Grading for 2<sup>nd</sup> DAN WOF

PROGRAMME	Note /5	Note /5	Note /5	Note /5	TOTAL	OBSERVATIONS
Naihanchi Nidan	TECHNIQUE	POSTURE	SPEED	KIME	<b>/20</b>	
Matsumura Passai	TECHNIQUE	POSTURE	SPEED	KIME	<b>/20</b>	
Matsumura Passai Kata Kumiwaza	POSTURE TECHNIQUE	ATTITUDE COMBAT	TIMING	KIME	<b>/20</b>	
Bunkai Itosu Passai	POSTURE TECHNIQUE	ATTITUDE COMBAT	TIMING	KIME	<b>/20</b>	
Bunkai Oyo Naihanchi Shodan	POSTURE TECHNIQUE	ATTITUDE COMBAT	TIMING	KIME	<b>/20</b>	
Dojo Kumite 2 x 2 minutes	RESPECT OF TECHNIQUES & SABAKI	ATTITUDE COMBAT	TIMING	KIME	<b>/20</b>	

Signature of the examiner

Place : .....

TOTAL

**/120**

SCALE: 1 – Very poor    4 - Good  
 2 – Poor                    5 - Very Good  
 3 - Adequate

.....

Date : .....

RESULT

**/20**

The minimum score for  
 The grade is 12/20



# WORLD OSHUKAI FEDERATION

## WOF Karate Dan Grading Test



Family Name : ..... Address : .....  
 First Name : ..... Age : .....  
 Current Grade: ..... Since: ..... City : .....  
 Club: ..... Post Code : ..... Country : .....  
 Instructor : ..... Date of Birth : .....  
 Latest Sensei CHINEN seminar's date : .....

Authorisation of Instructor

Date : .....  
 Signature :

3 years after the 2<sup>nd</sup> DAN - Age minimum 23 yo

### KARATE Grading for 3<sup>rd</sup> DAN WOF

PROGRAMME	Note /5	Note /5	Note /5	Note /5	TOTAL	OBSERVATIONS
Naihanchi Sandan	TECHNIQUE	POSTURE	SPEED	KIME	<b>/20</b>	
Kushanku Sho	TECHNIQUE	POSTURE	SPEED	KIME	<b>/20</b>	
Kushanku Sho Kata Kumiwaza	POSTURE TECHNIQUE	COMBAT ATTITUDE	TIMING	KIME	<b>/20</b>	
Bunkai Matsumura Passai	POSTURE TECHNIQUE	COMBAT ATTITUDE	TIMING	KIME	<b>/20</b>	
Dojo Kumite 2 x 2 minutes	RESPECT OF TECHNIQUES & SABAKI	COMBAT ATTITUDE	TIMING	KIME	<b>/20</b>	

Signature of the examiner

Place : .....

TOTAL

**/100**

SCALE: 1 - Very poor    4 - Good  
 2 - Poor                    5 - Very Good  
 3 - Adequate

.....

Date : .....

RESULT

**/20**

The minimum score for  
 The grade is 12/20



# WORLD OSHUKAI FEDERATION

## WOF Karate Dan Grading Test



Family Name : ..... Address : .....  
 First Name : ..... Age : .....  
 Current Grade: ..... Since: ..... City : .....  
 Club: ..... Post Code : ..... Country : .....  
 Instructor : ..... Date of Birth : .....  
 Latest Sensei CHINEN seminar's date : .....

Authorisation of Instructor

Date : .....

Signature :

4 years after the 3<sup>rd</sup> DAN - Age minimum 27 yo

### KARATE Grading for 4<sup>th</sup> DAN WOF

PROGRAMME	Note /5	Note /5	Note /5	Note /5	TOTAL	OBSERVATIONS
<b>Kushanku Dai</b>	TECHNIQUE	POSTURE	SPEED	KIME	<b>/20</b>	
<b>Chinto</b>	TECHNIQUE	POSTURE	SPEED	KIME	<b>/20</b>	
<b>Kushanku Dai Kata Kumiwaza</b>	POSTURE TECHNIQUE	ATTITUDE COMBAT	TIMING	KIME	<b>/20</b>	
<b>Bunkai Kushanku Sho</b>	POSTURE TECHNIQUE	ATTITUDE COMBAT	TIMING	KIME	<b>/20</b>	
<b>Dojo Kumite</b> 1 x 2 minutes	RESPECT OF TECHNIQUES & SABAKI	ATTITUDE COMBAT	TIMING	KIME	<b>/20</b>	

Signature of the examiner

Place : .....

TOTAL

**/100**

SCALE:    1 – Very poor    4 - Good  
                   2 – Poor            5 - Very Good  
                   3 - Adequate

.....

Date : .....

RESULT

**/20**

**The minimum score for  
The grade is 12/20**



# WORLD OSHUKAI FEDERATION

## WOF Karate Dan Grading Test



Family Name : ..... Address : .....  
 First Name : ..... Age : .....  
 Current Grade: ..... Since: ..... City : .....  
 Club: ..... Post Code : ..... Country : .....  
 Instructor : ..... Date of Birth : .....  
 Latest Sensei CHINEN seminar's date : .....

<u>Authorisation of Instructor</u>
Date : .....
Signature :

5 years after the 4<sup>th</sup> DAN - Age minimum 32 yo

### KARATE Grading for 5<sup>th</sup> DAN WOF

PROGRAMME	Note /5	Note /5	Note /5	Note /5	TOTAL	OBSERVATIONS
Goju Shiho	TECHNIQUE	POSTURE	SPEED	KIME	<b>/20</b>	
Chinto Kata Kumiwaza	POSTURE TECHNIQUE	ATTITUDE COMBAT	TIMING	KIME	<b>/20</b>	
Bunkai Kushanku Dai	POSTURE TECHNIQUE	ATTITUDE COMBAT	TIMING	KIME	<b>/20</b>	
Dojo Kumite      1 fois 2 minutes	RESPECT OF TECHNIQUES & SABAKI	ATTITUDE COMBAT	TIMING	KIME	<b>/20</b>	
Signature of the examiner	Place : .....	<b><u>TOTAL</u></b>			<b>/80</b>	<b>SCALE:</b> 1 – Very poor    4 - Good 2 – Poor                5 - Very Good 3 - Adequate
.....	Date : .....	<b><u>RESULT</u></b>			<b>/20</b>	

The minimum score for  
The grade is 12/20



# WORLD OSHUKAI FEDERATION

## WOF Karate Dan Grading Test



Family Name : ..... Address : .....  
 First Name : ..... Age : .....  
 Current Grade: ..... Since: ..... City : .....  
 Club: ..... Post Code : ..... Country : .....  
 Instructor : ..... Date of Birth : .....  
 Latest Sensei CHINEN seminar's date : .....

Authorisation of Instructor

Date : .....  
 Signature :

6 years after the 5<sup>th</sup> DAN - Age minimum 38 yo

### KARATE Grading for 6<sup>th</sup> DAN WOF

PROGRAMME	Note /5	Note /5	Note /5	Note /5	TOTAL	OBSERVATIONS
Goju Shiho	TECHNIQUE	POSTURE	SPEED	KIME	<b>/20</b>	
Goju Shiho Kata Kumiwaza	POSTURE TECHNIQUE	ATTITUDE COMBAT	TIMING	KIME	<b>/20</b>	
Bunkai Chinto	POSTURE TECHNIQUE	ATTITUDE COMBAT	TIMING	KIME	<b>/20</b>	
Dojo Kumite 1 x 2mn	RESPECT OF TECHNIQUES & SABAKI	ATTITUDE COMBAT	TIMING	KIME	<b>/20</b>	
Speech on Karate-Do					<b>/20</b>	
Signature of the examiner	Place : .....	<b><u>TOTAL</u></b>			<b>/100</b>	<b>SCALE:</b> 1 – Very poor    4 - Good 2 – Poor                    5 - Very Good 3 - Adequate
.....	Date : .....	<b><u>RESULT</u></b>			<b>/20</b>	

The minimum score for  
The grade is 12/20



# WORLD OSHUKAI FEDERATION

## WOF Karate Dan Grading Test



Family Name : ..... Address : .....  
 First Name : ..... Age : .....  
 Current Grade: ..... Since: ..... City : .....  
 Club: ..... Post Code : ..... Country : .....  
 Instructor : ..... Date of Birth : .....  
 Latest Sensei CHINEN seminar's date : .....

Authorisation of Instructor

Date : .....  
 Signature :

7 years after the 6<sup>th</sup> DAN - Age minimum 45 yo

### KARATE Grading for 7<sup>th</sup> DAN WOF

PROGRAMME	Note /5	Note /5	Note /5	Note /5	TOTAL	OBSERVATIONS
<b>One Kata chosen from:</b> Kushanku Dai, Chinto, Gojushiho	TECHNIQUE	POSTURE	SPEED	KIME	<b>/20</b>	
<b>Bunkai Gojushiho</b>	POSTURE TECHNIQUE	ATTITUDE COMBAT	TIMING	KIME	<b>/20</b>	
<b>Kata OYO</b>	POSTURE TECHNIQUE	ATTITUDE COMBAT	TIMING	KIME	<b>/20</b>	
<b>Speech on Karate-Do</b>					<b>/20</b>	

Signature of the examiner

Place : .....

TOTAL

**/80**

SCALE: 1 – Very poor    4 - Good  
 2 – Poor                    5 - Very Good  
 3 - Adequate

.....

Date : .....

RESULT

**/20**

The minimum score for  
 The grade is 12/20



# WORLD OSHUKAI FEDERATION

## WOF Karate Dan Grading Test



Family Name : ..... Address : .....  
 First Name : ..... Age : .....  
 Current Grade: ..... Since: ..... City : .....  
 Club: ..... Post Code : ..... Country : .....  
 Instructor : ..... Date of Birth : .....  
 Latest Sensei CHINEN seminar's date : .....

<u>Authorisation of Instructor</u>
Date : .....
Signature :

8 years after the 7<sup>th</sup> DAN - Age minimum 53 yo

### KARATE Grading for 8<sup>th</sup> DAN WOF

PROGRAMME	Note /5	Note /5	Note /5	Note /5	TOTAL	OBSERVATIONS
FREE KATA	TECHNIQUE	POSTURE	SPEED	KIME	<b>/20</b>	
FREE BUNKAI	POSTURE TECHNIQUE	ATTITUDE COMBAT	TIMING	KIME	<b>/20</b>	
SPEECH ON KARATEDO					<b>/20</b>	
Signature of the examiner	Place : .....	<b><u>TOTAL</u></b>			<b>/60</b>	<b>SCALE:</b> 1 – Very poor    4 - Good 2 – Poor                5 - Very Good 3 - Adequate
.....	Date : .....	<b><u>RESULT</u></b>			<b>/20</b>	

The minimum score for  
The grade is 12/20